



**FOR IMMEDIATE RELEASE**

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### **Temple Grandin Discusses Teen Years, Anxiety and Employment on Autism Live**

*The segment, translated into Spanish in real time by Autismo y Familia host Juan Ronderos, offers Grandin's insight on topics impacting the autism community.*

LOS ANGELES (March 13, 2015) – Temple Grandin, an award-winning author and public speaker who has autism spectrum disorder (ASD), appeared on Autism Live to talk with host Shannon Penrod about teen years, coping with anxiety and the importance of employment for individuals with ASD. Grandin also shared her thoughts on the minds of individuals with ASD from her book *The Autistic Brain*. The segment aired on Tuesday, March 3 and is available to view at [www.youtube.com/watch?v=6riOU-HaxLc](http://www.youtube.com/watch?v=6riOU-HaxLc).

Grandin, who received her Ph.D. in animal science, is a professor at Colorado State University. Grandin, also a bestselling author, autism activist and consultant on animal behavior within the livestock industry, has published her insights on ASD and animal rights in several books, including *Animals in Translation*, *Animals Make Us Human* and a memoir entitled *Thinking in Pictures*.

“We are always honored to speak with Temple Grandin,” said Penrod, host of Autism Live. “She offers our viewers insight that is relevant to their concerns as parents and individuals with autism.”

Penrod, mother to an 11-year-old son with ASD, hosts the live, interactive web show. The free show provides resources to parents, teachers and practitioners working with individuals with ASD. Autism Live airs every Tuesday, Wednesday and Thursday from 10:00 a.m. to noon PDT at [www.autism-live.com](http://www.autism-live.com).

Like Autism Live on Facebook at [www.facebook.com/autismlive](http://www.facebook.com/autismlive) and sign up for the free newsletter at [www.autism-live.com/join-our-email-list.aspx](http://www.autism-live.com/join-our-email-list.aspx). Autism Live is a production of the

Center for Autism and Related Disorders (CARD), headquartered in Tarzana, Calif. with treatment centers nationwide. For more information on treatment for individuals with ASD, visit [www.centerforautism.com](http://www.centerforautism.com) or call (855) 345-2273.

#### About Autism Live

Autism Live is a free, interactive web show providing support, resources, information, facts, entertainment, and inspiration to parents, teachers, and practitioners working with individuals on the autism spectrum. Viewers are encouraged to participate by asking questions of experts, offering suggestions for upcoming topics, and sharing their children's progress. Autismo y Familia, the Spanish language version of Autism Live hosted by Juan Ronderos, is accessible on the Autism Live YouTube Channel and the Autism Live app, which is available free on Google Play and the Apple Store. For more information, visit [www.autism-live.com](http://www.autism-live.com). Free podcasts of the show are available at [www.youtube.com/autismlive](http://www.youtube.com/autismlive) as well as on iTunes and Roku.

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